

STANDARD PRECAUTIONS+

# CONTACT ISOLATION

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Prior to entering the room\*:

\*Visitors – see Nurse before entering



CLEAN HANDS



GOWN



GLOVES

# CONTACT ISOLATION

## PATIENTS in CONTACT ISOLATION

- Place in a PRIVATE ROOM unless a shared space has been approved by Infection Prevention
- Unit policy permitting, continent, cooperative, and clean patients may ambulate in hallways after donning a clean hospital gown, covering affected area as applicable (e.g. wound), and cleaning hands; may NOT enter communal spaces (play/school room, solarium, cafeteria, etc.)

## STAFF Caring for Patients in CONTACT ISOLATION

<b>ISOLATION CADDY</b>	Place caddy outside patient room containing: • GOWNS • GLOVES • THIS SIGN
<b>WORKFLOW</b>	<ul style="list-style-type: none"><li>• Use dedicated disposable equipment (e.g. stethoscope, blood pressure cuff, thermometer) when possible</li><li>• Clean non-disposable equipment with hospital-approved disinfecting wipe after each use</li><li>• Clean hands prior to donning personal protective equipment (PPE)</li><li>• Wear a gown and gloves upon entry to patient room or care area</li><li>• PPE Removal- PPE should be removed before exiting patient room or care area<ul style="list-style-type: none"><li>- Grasp PPE in a manner that avoids contamination (Outside of PPE is contaminated)</li><li>- Remove and discard disposable PPE (place reusable gowns in soiled linen receptacle)</li><li>- Clean hands after removal of PPE</li></ul></li></ul>
<b>TRANSPORT</b>	<ul style="list-style-type: none"><li>• Notify receiving department of isolation status prior to transport</li><li>• Patient wears a clean hospital gown, covers affected area as applicable (e.g. wound), covers body with clean sheet, and cleans hands prior to exiting patient room or care area</li><li>• Transporter removes PPE and cleans hands (per above workflow) prior to exiting patient room or care area; if direct contact is anticipated, may wear gown and gloves</li></ul>
<b>ROOM CLEANING</b>	<ul style="list-style-type: none"><li>• Don and doff PPE as above and clean per standard cleaning procedures</li><li>• On discharge, <i>Hospitality</i> removes isolation sign when cleaning complete</li><li>• On discontinuation of isolation or patient discharge, <i>Nursing</i> removes and cleans isolation caddy</li></ul>
<b>VISITORS</b>	<ul style="list-style-type: none"><li>• Not required to wear PPE unless visiting other patients</li><li>• Instruct visitors to clean hands before entering and exiting patient room or care area</li></ul>

For additional information, indications for, and discontinuation of isolation, refer to “Standard and Transmission-based Isolation Policy” and “Isolation Table” at <http://infectioncontrol.ucsfmedicalcenter.org> or contact Infection Prevention at 415-353-4343.